

INLPTA NLP Diploma

Training Structure

Requirements for certification for INLPTA NLP Diploma are:

- Trained by an INLPTA registered NLP Trainer or Master Trainer.
- The certification training meets INLPTA training structure requirements:
 - minimum of 30 hours of formal classroom training (excluding breaks longer than 30 minutes)
 - minimum of 4 days of formal course room training
- The attended training meets the INLPTA accreditation competency standards and guidelines.

The candidate has successfully met the competency standards of INLPTA of NLP Diploma, as assessed by the registered INLPTA Trainer.

Assessment Criteria

- (1) **ATTITUDE** (embodiment of the presuppositions of NLP)
- (2) **CONTENT KNOWLEDGE** (principles, techniques & skills)
- (3) **BEHAVIOURAL SKILL** (demonstrated integration of learnings)

(1) ATTITUDE

You are expected to demonstrate your behavioural integration and embodiment of the three legs of NLP throughout the course.

(2) CONTENT KNOWLEDGE

You will learn the following NLP content at appropriate levels of principles, techniques and skills:

- The History of Neuro-Linguistic Programming
- The Three Legs of NLP
 - Know in detail what your outcome is (and is not)
 - Have the sensory skills to know when you are achieving it
 - Have the flexibility to change your behaviour until you get it
- The NLP Communication Model
 - The filters everyone has through which they perceive events
 - How an external event causes an internal representation
 - The effect of internal representations on our state, physiology and behaviour

- Rapport; how to build and improve relationship skills
 - Matching & mirroring; how people like people who are like themselves
 - Pacing & leading; how to test whether you have built a successful relationship
- Sensory Acuity
 - Fine tuning your senses to better understand the reactions of others (and yourself!)
- The Feedback Model
 - How to give and receive feedback positively
- The Foundations of Conscious use of Language
 - Key linguistic applications that impact how you think and feel
- Neurological Levels of Change
 - Applied to business and personal change
- Well-formed Outcomes
 - Ensuring that what you think you want really is what you want
 - Designing goals for success
- An Introduction to Submodalities
 - Understanding how you (and others) think
- Understanding Multipule Perspectives
 - Tool for solving problems and improving relationships
- An Introduction to Anchoring
 - Creating internal states for use whenever you need them
- An Introduction to Values
 - What is important to us and what we are willing to spend time, money and resources to achieve or avoid
 - Mapping a Values hierarchy

(3) BEHAVIOUR

You are expected to demonstrate your integration of applied learnings throughout the course, taking on board feedback and refining your skills in using NLP ethically and appropriately.