

Mastering Leadership Programme

Example Structure



Coaching Session 1

Day 1 & 2

Strategic and Critical Thinking

Development of ability to recognise own bias and synthesise perspectives, switch between perspectives easily and facilitate others to do the same.

In these sessions leaders will learn four different tools and models for facilitating strategic and critical thinking and work together to adapt them for their own use and for groups with perspectives and world views, team meetings and offsites.

Coaching Session 2

Day 3 & 4

Advanced group dynamics and communication

Develop a congruent and highly flexible communication approach that can create a win win wherever possible and resolve issues quickly without the need for escalation. In these sessions leaders will learn how to quickly communicate complex messages simply and clearly and lean into complex team and people issues confidently and effectively.

Coaching Session 3

Day 5 & 6

Creating a psychologically safe environment

Develop the ability to create and maintain a psychologically safe environment for themselves, their teams and their peers. In these sessions leaders will develop an in-depth understanding of what psychological safety means and its benefits to productivity, quality output and creativity. They will also become familiar with some of the blockers to psychological safety and how to overcome them.

Coaching Session 4